

Girls Rock! Awards



Hardy
GIRLS
Healthy
Women

Hardy Girls Healthy Women is committed to ensuring that girls' voices are not just heard but made bigger throughout their communities. Girls who are making Maine a better place inspire us and inspire other girls to join together to create a world in which girls and women experience fair and equal treatment, independence and safety everyday in every place. This year's Girls Rock! Weekend 2010 is scheduled for April 9th – 11th. It will be a weekend of events honoring and celebrating girls' like you whose voices and bold and daring acts have made Maine better for themselves and other girls to live in. This year, we'll be giving awards to FIVE Maine girls who are making Maine a better place for all girls to grow.

We're looking for girls ages 12-19 who are making a difference in these five areas:

Title IX Champion: Whether on or off the playing field, this girl has demonstrated odds-defying behavior as an advocate for girls' equal access to athletic facilities, coaching, education, or equipment. For example she may have started a team in a sport that she and other girls couldn't play in at their schools or she may have challenged gender stereotypes or barriers in her classroom creating an education environment that was equal for both boys and girls.

Health Advocacy: This award will be given to a girl who has supported and/or campaigned for wellness policies or programs that promote healthy lifestyles and choices for girls. For example she may have raised awareness in her community about harmful cigarette and alcohol advertising targeted at women and girls or combated disordered eating by talking about the harmful messages the media send to girls about how their bodies should look

changing
the
culture

Against the Odds: Refusing to be limited by what has traditionally been known as a disability, this girl has been busy redefining "able" and making positive change for girls in Maine along the way. For example she may have confronted stereotypes in the media and the culture about girls who have a disability through a performance or multimedia piece or speak out.

Community Organizing: She sees the importance of a united community and is making it happen by bringing together her school, peers, and/or community, and we're honoring her with a good, old-fashioned grassroots award. She not afraid to start changing the soil, especially for other girls! For example she may have circulated a petition to change something that was unfair in her school or held a press conference or created a public service announcement to move her community to overcome a social problem.

Entrepreneurship: For any girl who's turning her passion into a paycheck by building up her own business and her bank account. For example she may have written a business plan and acted on it or she may have started a club for herself and other girls to explore what it would be like to run a business.

All selected Girls Rock! Award recipients must be available to accept their award at the Girls Rock! Award celebration on Friday, April 9th, 2010 at the Holocaust & Human Rights Center in Augusta.

Nominations must be received by March 12, 2010

Winners will receive a \$250 savings bond



because
girls
deserve a
better world

Awards Nomination Form



About You:

What is your name, address and phone number?

How did you hear about Hardy Girls Healthy Women & the Girls Rock! awards?

What is your relationship to the girl you're nominating?

About Your Nominee:

Name:

Address:

Email:

Phone:

School:

Grade:

Age:

Which award are you nominating her for? (Circle one)

Title IX Champion

Health Advocacy

Against the Odds

Community Organizing

Entrepreneurship

Please attach a description that states in 500 words or less why you're nominating her for this award and what her motivation is for her accomplishment/achievement?

Please attach any supporting information including newspaper articles, letters of recommendation, etc.

Send nomination form by mail to:

Hardy Girls Healthy Women

P.O. Box 821

Waterville ME 04903

Or Fax to: 207.615.0514