



creating hardiness zones
for girls and women
in maine and beyond

Resources for Girls in Somerset County:

Existing resources that support girls:

- Girl Scouts
- Small schools—safe places
- Libraries
- 4-H
- Recreation Center—Skowhegan
- Theaters—Lakewood, Pittsfield, The Strand
- Adventure Industry
- Dance Schools
- Lake George
- Big Brothers Big Sisters
- Somerset Sports and Fitness Center
- Church Groups
- Nutrition—Feed the Children
- Century 21 Grant—After-School programs
- Weight-lifting program
- Schools—gyms, community space
- Granges
- New Balance—grants, snowshoes
- Move More Kids Program
- Healthy Lifestyle Program
- Bicycle Coalition
- Winter Kids
- Golf Courses
- Bowling
- Swim programs
- KVCAP
- Somerset County Association of Resource Providers (SCARP)
- Mental/Social Health programs (i.e. Family Violence Project)
- Kennebec Valley Community College—allow kids to take classes in High School
- Master Garden Program—Cooperative Extension



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- Grow Maine
- Farm-School program
- Margaret Chase Smith Library
- Civic Organizations are generous
- Senior Spectrum
- Job Shadowing
- Good Will-Hinckley
- Skowhegan Savings Bank Scholarship
- Rainbow Girls

Gaps in programming that currently exist:

- Lack of communication about programs, between service organizations
- No teen centers
- No community based mentoring program
- Inconsistent job shadowing opportunities
- Lack of funding/background checks
- People/parents spread thin—unable to make commitment
- No school activities outside sports teams
- No low-pressure/intramural sports teams
- No karaoke/poetry slam/open mic events
- Generosity untapped for youth programs
- Transportation—distance between communities
- Lack of health services/insurance
- Lack of awareness of grants
- Lack of summer camps

