

We're In This Together

Activity 2: Friendships Are Like

Time: 40 Minutes

Objectives:

- To think about representations of girls' friendships in the media and compare them to real life friendships
- To talk about the qualities of positive friendships and relationships with other girls
- To create a visual representation of positive friendship qualities

Directions:

- Brainstorm favorite TV shows with girl friendships. Discuss what friendships look like in these shows, both good and bad. You can also discuss what friendships look like in other forms of media (for example: movies, music videos, video games).
- On a large paper or newsprint, write down all the words that describe these types of friendships.
- Then ask the girls to describe friendships in their lives. What do they look for in a good or real friend? Write down all the words they use to describe such friendships.
- Split the girls into groups and give each group a camera. Depending on the number of girls in your group and how many cameras you have, this can range from 2-3 girls per group.
- Ask each group to go through their school to find objects or images to photograph that complete the sentence: "Friendships are like...." or "Real friends...." (For example, they might take a picture of a clock because "Real friends always give you the time of day".)
- Discuss their photographs and what they say about friendships.

Discussion Questions:

1. What qualities of "good" or "bad" friends are shown in the media?
2. How are real friendships similar or different from what we see in media?
3. Why is it important to have "good" friends?
4. What did you find to photograph and how does each picture reflect what friendship means to you?

Facilitator Tip:

You can type this link into your web browser to see how another coalition interpreted this activity:
<http://animoto.com/playay/2kdzs04Seizp1AnkWytI7w>



